



Peace Pledge

I _____ commit myself as best I can to make choices that promote peace for myself, others, and the earth.

Peace for Me

I will talk about my feelings.

I will do my best to live a healthy life, including eating healthy food, exercise, and rest.

I will try to avoid entertainment that makes violence seem ok or funny.

Peace for Us

I will use Stop, Think, Peace to solve my conflicts.

I will listen to others, cooperate, and work together with others.

I will apologize and forgive when I make mistakes.

Peace for Everyone

I will respect all people, at home, at school, in my community, and around the world.

I will stand up for people who are treated unfairly.

I will learn about people in diverse cultures and find ways to promote a safe, healthy, peaceful life for everyone.

Peace for the Planet

I will take care of the earth by doing the best I can to reduce, reuse, recycle, and respect the environment and all living things, including my pets.

Peace Pledge

(Name) _____ (Date) _____